



Boxcar Bulletin



www.voiture-99.com

Clark County

40 et 8

Voiture 99

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ing the tale. Hope you make the effort also!

The night before I was planning to write this (code for I missed it and am now late), my wife and I were watching a movie and one of the lines triggered a thought that I constantly carry: Each of us has a story and no two are alike. We're all unique! I realize that is part of the reason why our comrade Dixie urged all of us to write parts of our stories for our published history. My admired uncle wrote a book about his life and I always thought that was a great gift to the generations of family that followed. When I do it, be assured that it will be heavily edited for my family's consumption. Related to our unique stories, I also know that we each have our own 'issues.' You may not have the same issues that I do and I may not have the same ones you do. Some of my issues may even be construed as dysfunctional by you and vice versa. Oh, my head hurts now from the philosophizing.

The wreck challenge is for our April Fool's Wreck! April first! How about that? That'll be a hard initiation date to forget. Remember, a glorious meal awaits everyone who sponsors a goof.

Last thing before I go: our comrade voyager Johnny Schultz suggested a cause that sounds pretty darn good. We need to have a peanut butter drive for the hungry! Let's give this a go for two or three weeks and see how we do. Creamy, chunky, peanut, almond, WHATEVER! We'll set up a collection bin in the Chateau entryway.

Wishing you all good health and enough wealth!

Confido,

Todd "T-Bone" Boyd
Chef de Gare

Correspondants Notes

Dear Voyageurs,

Where has the time gone? January 2023 is in the books. As we look towards the new year, I am very encouraged with our renewals but we still have a ways to go. If you haven't renewed your membership yet, please do so at your earliest opportunity. We try to make renewing quick, painless, and easy by accepting cash check and credit card. If you have any questions about your membership or how to renew please call, text, or e-mail me. In February we tend to think about Valentine's Day. Our members are the heart of our organization. We exist as a Voiture because of you and your involvement with the 40 at 8. But an organiza-

tion is only as good as its members, and I know we have great ones. To bring our operations to the next level, we need more volunteers. Even if you only have an hour or two a week available, we could put your talents to very good use. We need folks to help in the kitchen either serving, bussing, or doing dishes. We would be grateful for anyone who would like to obtain a bartending license, to give us more flexibility in case our usual volunteers are ill or have other plans. Many hands make a light load.

Please think about how you would like your 40 at 8 Voiture to look. And how could you play a part in making your vision a reality? Please reach out to any of your officers or Cheminot members to share your ideas and concerns. Anything we do, we can do better together.

Please don't forget to bring your recyclable bottles and cans to the Chateau for recycling to support the PT boat.

Planning is in the works for our Petite Grande Promenade in April. Once we have secured a location, we will have more information coming out as soon as possible.

We look forward to what to Voiture 99 having a great participation in our Grande functions.

En Service,

Annie of Many Chapeaux

Cabane 99 La Femmes



This is a reminder that we will not be holding Rendezvous until March, however, there are normally a few dames that get together for a social hour during Prom due to the fact that they provide transportation for their voyageurs. So feel free to come visit and maybe even play a few hands of nickels.

Membership is currently at 20.

If you have questions about La Societe de Femme or are interested in joining the Dames of Cabane 99, please contact La Presidente, Judy Bailey at 360-798-5166, or Commissaire Intendante, Roberta Giesler at 360-909-5124.

Elaine Meis
Cabane 99 Correspondante
360-450-9089
cabane99@aol.com

Chef de Gare's Corner

Greetings comrade Voyageurs!

Hoping all of you are well.

First off; Mike Burton, CMAC co-chair, is planning a short presentation for us describing his group's work to find remains of our MIA in Laos. We're shooting for the February 6 promenade. Looking forward to hear-

Chateau Schedule for February 2023

Chateau Manager (360)574-3872

Voiture 99 Meetings Reminder
Promenade - February 06, 2023
Dinner 5:00pm / Meetings 6:00pm

Voiture 99 Meetings Reminder
Cheminot - February 21, 2023
Dinner 5:00pm / Meetings 6:00pm

Voiture 99 Reminder -
We are open to the public for lunch
Mondays and Tuesdays 11am - 2pm

SUN	MON	TUE	WED	THU	FRI	SAT
			01 Nutter 6:00-8:00 am	02 DONUTS 6:30 – 9:00 am	03 Breakfast 6:30–9:00 am CMAC 8:30-10:00 am ENTEK Breakfast	04 Saturday Lunch 12:00-3:00 pm
05	06 Lunch Open to Public 11:00 am–2:00 pm Prom TBA- \$13	07 Lunch Open to Public 11:00 am–2:00 pm	08 HDSCBA 11:45 am-1:00 pm DAV 6:30-8:30 pm	09 DONUTS 6:30 – 9:00 am	10 Breakfast 6:30–9:00 am	11 Saturday Lunch 12:00-3:00 pm
12	13 Lunch Open to Public 11:00 am–2:00 pm	14 Lunch Open to Public 11:00 am–2:00 pm	15 KWVA 10:00 -1130 am Dietrich Trucking 5:00-7:00 pm	16 DONUTS 6:30 – 9:00 am MOAA 11:00 am-1:00 pm	17 Breakfast 6:30–9:00 am CMAC 8:30-10:00 am	18 Saturday Lunch 12:00-3:00 pm
19	20 Lunch Open to Public 11:00 am–2:00 pm	21 Lunch Open to Public 11:00 am–2:00 pm SALT 11:00 am-12:00 pm Cheminot TBA \$13	22	23 DONUTS 6:30 – 9:00 am	24 Breakfast 6:30–9:00 am	25 Saturday Lunch 12:00-3:00 pm
26	27 Lunch Open to Public 11:00 am–2:00 pm	28 Lunch Open to Public 11:00 am–2:00 pm				

Ongoing Meeting-
SALT (Senior and Law Enforcement Together) 3rd Tuesday – 11am – 12pm
DAV (Disabled American Veterans) 2nd Wednesday –
KWVA (Korean War Veteran’s Association) 3rd Wednesday –
HDSCBA (Hazel Dell Salmon Creek Business Association) 2nd Wednesday –
CMAC (Community Military Appreciation Committee) every other Friday

Committee Reports

Americanism

No report

Boxcar

No report

Carville Star

No report

Child Welfare

No report

Historian

No report

Nurses Training

No report

POW/MIA

No report

Ritual

No report

VAVS

No report

THE HISTORIC TRUST - MARSHALL LEADERSHIP AWARDS

The 2023 Marshall Leadership Awards continue the tradition of recognizing leadership potential, commitment to public service, and strength of character.

General George C. Marshall's example of leadership has guided and inspired leaders in Clark County since his residency as commander of Vancouver Barracks in 1936-38. The Marshall Leadership Awards celebrate and support local rising leaders who, like General Marshall, demonstrate integrity, candor, courage and preparedness while serving a greater good.

The Marshall Public Leadership Award is granted to adult leaders up to age 35. The Marshall Youth Leadership Award is granted to student leaders who are seniors in high school.

Candidates must be nominated to be considered. **Nominations close on February 17th, 2023.** After nominations close, nominees will be invited to complete an application and interview process.

The Marshall Leadership Awards include a one-day workshop for all nominees, to learn how Marshall's example of leadership is implemented in Clark County. This is an opportunity for young leaders to connect with prominent leaders in our community, network with past Marshall Award recipients and learn about General George C. Marshall.

Award winners and nominees are honored at the Marshall Awards Ceremony to be held this year on Tuesday, April 25th at 6:00 pm at the Artillery Barracks. If you have any questions, please email marcom@thehistorictrust.org.

Sponsorship opportunities are available. If you would like to support emerging leaders in our community, please contact Temple Lentz, President/CEO, at temple.lentz@thehistorictrust.org or 360.992.1805.

Marshall Youth Leadership Award

Qualifications:

- A senior in high school
- A resident of Clark County
- Committed to serving a greater good and demonstrates leadership potential
- Serve as a role model, motivating others to become involved

Benefits:

- \$3,500 Aléna K. Jarvis Memorial Scholarship
- Opportunities to develop professional relationships with community leaders
- Public visibility for the award recipient and their nominating school or organization

Youth runners-up receive a \$500 scholarship provided from the Klinge/Meyer Family Fund of the Community Foundation for Southwest Washington.

[Marshall Youth Leadership Nomination Form](#)

Marshall Public Leadership Award

Qualifications:

- 35 years of age or younger
- A resident of Clark County
- Demonstrates leadership ability and works to serve a greater good

Benefits:

- \$3,500 award sponsored by Molecular Testing Labs for continuing education or professional development of awardee's choice
- Opportunities to develop professional relationships with community leaders
- Public visibility for the award recipient's employer or nominating organization

[Marshall Public Leadership Nomination Form](#)

Upcoming CMAC Events

CMAC is planning to host another "Our Community Salutes" night in April where we invite everyone to come and salute the young men and women entering military service. More information at <https://cmac11.com/events/> when a date and location is available.

We are also planning on hosting another Memorial Day remembrance at the Gazebo on the parade ground across from the Marshall house at 11:00 am on May 29th.



SECRETARY OF DEFENSE
1000 DEFENSE PENTAGON
WASHINGTON, DC 20301-1000

JAN 10 2023

MEMORANDUM FOR SENIOR PENTAGON LEADERSHIP
COMMANDERS OF THE COMBATANT COMMANDS
DEFENSE AGENCY AND DOD FIELD ACTIVITY DIRECTORS

SUBJECT: Rescission of August 24, 2021 and November 30, 2021 Coronavirus Disease 2019
Vaccination Requirements for Members of the Armed Forces

I am deeply proud of the Department's work to combat the coronavirus disease 2019 (COVID-19). Through your leadership, we have improved the health of our Service members and the readiness of the Force, and we have provided life-saving assistance to the American people and surged support to local health care systems and agencies at all levels of government. The Department has helped ensure the vaccination of many Americans, while simultaneously providing critical and timely acquisition support for life-saving therapeutics, tests, and treatments for COVID-19. We have demonstrated the ability to support and defend the Nation under the most trying of circumstances.

The Department will continue to promote and encourage COVID-19 vaccination for all Service members. The Department has made COVID-19 vaccination as easy and convenient as possible, resulting in vaccines administered to over two million Service members and 96 percent of the Force — Active and Reserve — being fully vaccinated. Vaccination enhances operational readiness and protects the Force. All commanders have the responsibility and authority to preserve the Department's compelling interests in mission accomplishment. This responsibility and authority includes the ability to maintain military readiness, unit cohesion, good order and discipline, and the health and safety of a resilient Joint Force.

On December 23, 2022 the James M. Inhofe National Defense Authorization Act (NDAA) for Fiscal Year (FY) 2023 was enacted. Section 525 of the NDAA for FY 2023 requires me to rescind the mandate that members of the Armed Forces be vaccinated against COVID-19, issued in my August 24, 2021 memorandum, "Mandatory Coronavirus Disease 2019 Vaccination of Department of Defense Service Members." I hereby rescind that memorandum. I also hereby rescind my November 30, 2021 memorandum, "Coronavirus Disease 2019 Vaccination for Members of the National Guard and the Ready Reserve."

No individuals currently serving in the Armed Forces shall be separated solely on the basis of their refusal to receive the COVID-19 vaccination if they sought an accommodation on religious, administrative, or medical grounds. The Military Departments will update the records of such individuals to remove any adverse actions solely associated with denials of such requests, including letters of reprimand. The Secretaries of the Military Departments will further cease any ongoing reviews of current Service member religious, administrative, or medical accommodation requests solely for exemption from the COVID-19 vaccine or appeals of denials of such requests.

Continued on page 6

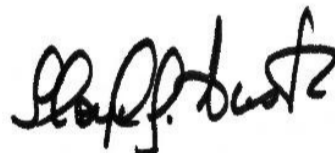
Religious liberty is a foundational principle of enduring importance in America, enshrined in our Constitution and other sources of Federal law. Service members have the right to observe the tenets of their religion or to observe no religion at all, as provided in applicable Federal law and Departmental policy. Components shall continue to apply the uniform standards set forth in DoD Instruction 1300.17, "Religious Liberty in the Military Services."

Other standing Departmental policies, procedures, and processes regarding immunizations remain in effect. These include the ability of commanders to consider, as appropriate, the individual immunization status of personnel in making deployment, assignment, and other operational decisions, including when vaccination is required for travel to, or entry into, a foreign nation.

For Service members administratively discharged on the sole basis that the Service member failed to obey a lawful order to receive a vaccine for COVID-19, the Department is precluded by law from awarding any characterization less than a general (under honorable conditions) discharge. Former Service members may petition their Military Department's Discharge Review Boards and Boards for Correction of Military or Naval Records to individually request a correction to their personnel records, including records regarding the characterization of their discharge.

The Under Secretary of Defense for Personnel and Readiness shall issue additional guidance to ensure uniform implementation of this memorandum, as appropriate.

The Department's COVID-19 vaccination efforts will leave a lasting legacy in the many lives we saved, the world-class Force we have been able to field, and the high level of readiness we have maintained, amidst difficult public health conditions. Our efforts were possible due, first and foremost, to the strength and dedication of our people. I remain profoundly grateful to the men and women of the Department of Defense for their efforts to protect our Force, the Department of Defense community, and to aid the American people.



For Your Information

In case you know someone who could benefit from this.



Military service is demanding and dangerous. Life after the military can pose completely different yet equally fatal challenges for the veterans who have served in the armed forces.

Discharging from military service inherently means shifting from a tight-knit military culture built on selfless sacrifice to a civilian culture rooted in personal progress and individual success.

Many Veterans find it difficult to reintegrate with the general American public because they just can't reacclimate.

PAYMENT FOR TREATMENT COMMUNITY CARE PROVIDER

We proudly participate in the Community Care Network (CCN)

COMMERCIAL INSURANCE

We accept most major commercial insurance policies



Each of the Virtue Recovery facilities offer individualized services based on the Veteran's specific needs. Virtue Recovery believes in the treatment of Mental Health in addition to the diagnosis of Eating Disorders and Substance Abuse Care.



Substance Abuse Care and Mental Health Facility
Astoria, Oregon
NPI 1699371476



Eating Disorder Care Facility
Sun City West, Arizona
NPI 1861094898



Substance Abuse Care and Mental Health Facility
Chandler, Arizona
NPI 1326628975



Eating Disorder and Substance Abuse Mental Health Care Residential Facility
Houston, Texas
NPI 1184347544



Substance Abuse Care and Mental Health Facility
Killeen, Texas
NPI 1801526280



Eating Disorder and Substance Abuse Mental Health Care Residential Facility
Las Vegas, Nevada
NPI 1861116071



BATTALION

★ VETERANS PROGRAM ★

For more information:

866.762.0753

www.VirtueRecoveryCenter.com

For more information about

this program go to the website <https://www.virtuerecoverycenter.com/oregon/>

COLLABORATIVE CARE

Our multidisciplinary treatment teams address physical, behavioral and mental health simultaneously. Treating the whole person under one roof during a single episode of care increases the quality of care and is essential for positive health outcomes.

Our integrated model acknowledges the interplay between the symptoms of PTSD and SUDs and coordinates care to target both disorders concurrently. We address trauma early in treatment and practice skills that relieve symptoms of PTSD. Proper management of PTSD and other mental health symptoms improves recovery from SUDs.

EVIDENCE BASED INTERVENTIONS

- Cognitive Behavioral Therapy (CBT)
- Eye Movement Desensitization and Reprocessing Therapy (EMDR)
- Dialectical Behavioral Therapy (DBT)
- and Reprocessing Therapy (EMDR)
- Rational Emotive Behavior Therapy
- Eating Disorder
- Cognitive Processing Therapy (CPT)
- Motivational Interviewing
- Substance Abuse
- Solution Focused Therapy
- Written Exposure Therapy (WET)
- Thought Field Therapy
- Prolonged Exposure Therapy (PET)

Eating Disorders have the highest mortality rate of any mental illness. People with an eating disorder are at increased risk of psychological distress as up to 97% of individuals have another comorbid psychiatric diagnosis. Binge Eating Disorder is the most common eating disorder in the United States. The most common type of eating disorders among military members in Bulimia Nervosa. Although eating disorders can be successfully treated, only 1 in 10 people with an eating disorder ever receives treatment.

AN ESTIMATED 1 IN 4 FEMALE VETERANS & 1 IN 100 MALE VETERANS REPORT EXPERIENCING MILITARY SEXUAL TRAUMA.



TRAUMA-INFORMED, PERSON-CENTERED CARE

VRC offers avenues through which Veterans can provide feedback and advocate for their own needs, including a Military Veteran Liaison who can advocate on behalf of the Veteran.

Comprised of highly credentialed, deeply experienced individuals from diverse backgrounds—civilians, Veterans and retired first responders. All staff are military culture sensitivity trained and promote an environment that embodies the following principles:

- **Safety and Trustworthiness** - VRC creates an environment that protects Veterans from physical harm and promotes a sense of emotional security. Staff earns clients' trust through open, respectful communication.
- **Choice and Collaboration** - VRC provides services according to Veterans' individual preferences and values and encourages them to make their own care choices.

LIFE SKILLS TRAINING
Recovery is a process of change through which individuals improve health and wellness, live self-directed lives and strive to reach their full potential. Veterans at VRC are encouraged to set personal recovery goals and work with case managers and Veteran peer support specialists to develop meaningful daily activities that cultivate the independence, income and resources necessary to participate productively in society.

- Financial Planning
- Resume Writing / Submitting Job Applications
- Problem Solving Skills
- Communication Skills
- Veteran peer support specialist

TRANSITIONAL CARE PLANS

- Each client works hand and hand with VRC and VA treatment team.
- **12-Step and other Community Support Group Engagement.**
- Strategies for proactively managing symptoms to sustain long-term stability and better health overall.
- Take steps to restore positive family relationships.
- Engagement to determine eligibility for benefits with the local VSO (to maximize Veteran Benefits).
- We proudly participate in the Community Care Network.

AN ESTIMATED 30 MILLION PEOPLE IN THE UNITED STATES SUFFER FROM AN EATING DISORDER (20 MILLION WOMEN AND 10 MILLION MEN)

Unresolved trauma perpetuates the thoughts and feelings of loneliness. It keeps the individual from coping with unwanted emotions leading to the need to "self-medicate" through substance use and other maladaptive means. Virtue Recovery's interdisciplinary treatment approaches support each client's underlying causes that have led them to substance use. We allow our clients to regain stabilization through teaching, mentoring, and modeling real life recovery.